

HIGHLIGHTS FROM JIM WILDER

Fear and Guidance

Condensed by Barbara Moon

There is a difference in reacting in fear and living by fear. Level 3 fear happens quickly and follows the 90 second rule. Level 2 fear is pervasive. (Avoiding trucks is a good idea, but avoiding any roads that might have a truck on them as a way of life is not OK.)

We avoid danger and we have our normal reactions but it is not the way God guides.

We are not to make decisions and/or live out of fear. Level 2 fear in the back of the brain is only interested in the fastest way to make a problem go away. The back dominates those who live in fear. The front of the brain is interested in relationship and to be close. It goes by desire, identity, who I am, and what I value.

Trauma resolution goes from back to front and will enable the person to live from the front.

150 Bible stories concerning fear.

God does not bless decisions made out of fear. Don't make ourselves bigger, turn to the Biggest, Scariest One of all.

God does not lead or guide His friends with fear. He wants us to turn to Him. (Fear not, Be not afraid)

God will use fear to get the attention of His enemies.

Biblical examples of decisions by fear: Adam and Eve, Sarah laughed, Abraham when said S his sister, Israel at Sinai, spies into Canaan, Saul & Goliath, disciples in the Garden.

Not fear: Moses' parents, David and Goliath, Daniel, Fiery furnace, (Our God will take care of us, but even if He doesn't save us, we will trust Him), Stephen.

Brain training for fearlessness: 1st in boat asleep. "Don't you care that we are perishing?" We usually think that because He is calm, either He doesn't care, He isn't listening, or He can't do anything.

They went out in the boat after John the Baptist had been beheaded. Appeared Jesus didn't care or couldn't help John. It says He MADE them get in the boat. They were sailors and knew a storm might come.

We have to learn to trust Him under the conditions in which we will use it. Like basic training in the army with live bullets overhead; firefighters; driving on ice, policemen. The storm in the boat came before Peter walked on water. Jesus wants to talk about who He is and why He's sleeping. Just hearing all the Bible stories will not train us, especially if all the scary parts are left out.

“My peace is not about whether something is fearful or not. My kingdom is not guided by fear. Not, if you trust enough I will get you out of something.” Walk with Him even when looks, feels scary. 1 Peter 3:14

We can ask ourselves and help others to see if Jesus is worried.

‘Fear not’ is only learned in relationship. Kids learning to ride a bike.

If I am letting fear guide me, I am God’s “enemy.” He doesn’t talk to His friends with fear, but He does with His enemies.

Biblical examples: Baalam and the donkey, Exodus 15:13, 1 Samuel 4:7, Jonah, 2 Kings 19:6, Philippian jailer at first, then gets saved.

Fear is for His enemies and sinners.

2 Timothy 1:7 Fear—timidity, cowardly, Power—dunamis, strength, resources, Love—agape, affection, good will, Sound Mind—self control, moderation, not reactive, walking calmly down the path however scary things look.

Worry is a form of living by fear. Trying not to think about a problem is living by fear. Not getting involved can be living by fear.